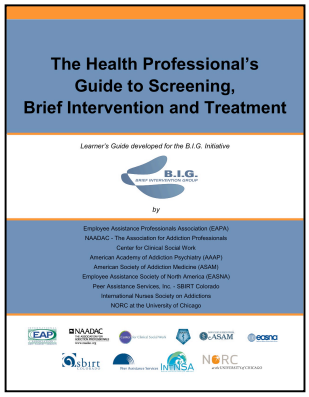
Newly Developed!

The Health Professional's Guide to Screening, Brief Intervention and Treatment Order Form



The Health Professional's Guide to Screening, Brief Intervention and Treatment is a 242-page skill-based training manual on SBIRT (Screening, Brief Intervention and Referral to Treatment). This Learner's Guide brings together the tools that health professionals need to screen clients for unhealthy drinking, deliver effective brief counseling, refer and co-manage with addiction specialists for clients with serious problems and provide successful case management & follow-up.

By studying this Learner's Guide, you will be able to use Screening, Brief Intervention and Referral to Treatment (SBIRT) to:

- Screen clients for unhealthy alcohol use with brief, valid questionnaires such as the AUDIT-C and the AUDIT;
- Deliver effective brief counseling informed by Motivational Interviewing and Cognitive-Behavioral techniques;
- Link clients to medical or specialty addiction treatment services as needed, and work with physicians and other specialists in ongoing care coordination; and
- Provide follow-up and recovery supports to help clients to remain productive at work.

You will also learn how to:

- Better understand the dynamics of the alcoholic family in order to support both the family members, as well as the client, with alcohol-related issues;
- Assess and treat older clients whose use of alcohol or prescription pain medications may create health and work-related problems;
- Assess and treat young adult and adolescents whose drinking patterns are unhealthy;
- Recognize special considerations for following SBIRT protocols with DOT-covered employees;
- Connect clients to mutual support groups; and
- Apply SBIRT techniques to other client concerns such as depression, anxiety disorders, drug use, medication misuse and tobacco addictions.

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